
Supplies for the course 課程物資

Essential Oil 精油

1. 羅勒 Basil (*Ocimum basilicum*)
2. 快樂鼠尾草 Clary Sage (*Salvia sclarea*)
3. 絲柏 Cypress (*Cupressus sempervirens*)
4. 尤加利 Eucalyptus (*Eucalyptus globulus*)
5. 乳香 Frankincense (*Boswellia caterii*)
6. 天竺葵 Geranium (*Pelargonium graveolens*)
7. 生薑 Ginger (*Zingiber officinale*)
8. 薰衣草 Lavender (*Lavandula angustifolia*)
9. 檸檬 Lemon (*Citrus limon*)
10. 馬鬱蘭 Marjoram (*Origanum majorana*)
11. 沒藥 Myrrh (*Commiphora myrrha*)
12. 牛至 Oregano (*Origanum vulgare*)
13. 薄荷 Peppermint (*Mentha piperita*)
14. 羅馬洋甘菊 Roman Chamomile (*Chamaemelum nobile*)
15. 迷迭香 Rosemary (*Rosmarinus officinalis*)
16. 甜橙 Sweet Orange (*Citrus sinensis*)
17. 茶樹 Tea Tree (*Melaleuca alternifolia*)
18. 百里香 Thyme (*Thymus vulgaris*)
19. 冬青 Wintergreen (*Gaultheria procumbens*)
20. 依蘭 Ylang Ylang (*Cananga odorata*)

Carrier Oil 底油

<p>(at least one carrier oil from each group)</p> <ul style="list-style-type: none"> • Almond, Sweet • Apricot kernel • Argan • Baobab • Coconut • Jojoba • Sesame • Sunflower (oleic-acid rich) 	<p>(每組至少使用一種底油)</p> <ul style="list-style-type: none"> • 甜杏仁 • 杏仁 • 摩洛哥堅果 • 猴麵包樹 • 椰子 • 荷荷巴油 • 芝麻 • 向日葵 (富含油酸)
<hr/> <ul style="list-style-type: none"> • Avocado • Borage • Evening Primrose • Pomegranate • Raspberry • Rosehip seed • Tamanu 	<hr/> <ul style="list-style-type: none"> • 牛油果 • 琉璃苣 • 月見草 • 石榴 • 覆盆子 • 玫瑰果籽 • 瓊崖海棠

Hydrosols 純露

<ul style="list-style-type: none"> • Lavender • Rose • German Chamomile 	<ul style="list-style-type: none"> • 薰衣草 • 玫瑰 • 德國洋甘菊
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Herbal Oil 草本油

<ul style="list-style-type: none"> • Calendula 	<ul style="list-style-type: none"> • 金盞花
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Other ingredients 其他材料

<ul style="list-style-type: none"> • Unscented cream or lotion base • Distilled water • Aloe vera gel • Beeswax • Salt (e.g. sea, Epsom, Himalayan) • Cane sugar 	<ul style="list-style-type: none"> • 無味霜或乳液基質 • 蒸餾水 • 蘆薈凝膠 • 蜂蠟 • 海鹽、瀉鹽、喜馬拉雅鹽 • 蔗糖
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Containers for the products 產品容器

<ul style="list-style-type: none"> • PET or glass bottle (10ml / 100ml / 250ml) <ul style="list-style-type: none"> > cap > flip top > spray top > pump lid > bubble pump lid • PET or glass jar (30g / 50g) • Tin jar (5g/10g/15g/20g/30g) • Roll-on bottle (10ml) • Inhaler tubes • Balm stick tubes (10g/15g) 	<ul style="list-style-type: none"> • PET 或玻璃瓶 (10ml / 100ml / 250ml) <ul style="list-style-type: none"> > 擰蓋 > 翻蓋 > 噴霧頂 > 泵蓋 > 氣泡泵蓋 • PET 或玻璃罐 (30 克/50 克) • 鋁罐 (5g/10g/15g/20g/30g) • 走珠瓶 (10ml) • 吸入管 • 香膏棒管 (10g/15g)
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Other tools 其他工具

<ul style="list-style-type: none"> • Small digital scale • Pyrex 2 to 4 cup glass measuring cup • Glass beakers (e.g. 10ml / 25ml / 50ml) • Smell strips • Paper towels • Stainless steel spoon / fork • Glass rod • Sanitizer spray • Boiler / pan • Glass bowls 	<ul style="list-style-type: none"> • 小型數位秤 • Pyrex 2 至 4 杯玻璃量杯 • 玻璃燒杯 (例如 10ml / 25ml / 50ml) • 氣味條 • 紙巾 • 不銹鋼湯匙/叉子 • 玻璃棒 • 消毒噴霧 • 鍋爐/平底鍋 • 玻璃碗
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